



“Where Smiles Blossom”

Janice J. Wilmot, DMD, MS, PC

Volume 2, Issue 4

October - December 2010

We Are Now on Facebook!



Be Sure to Friend us at:

www.jjwilmot-ortho.com



Welcome to Our Practice!

Michael Hartle	Fiona Zoeller	Khalin Taylor
Sheba Matthew	Joshua Christopher	Erica Clark
Brandon Taylor	Stephen Johnson	Seth Nixon
Njisane Adesegun	Alexeia Garnett	Eric Fitz
Celia Matthew	Sydney Converse	Le Pham
Kelsey Halls	Jenna Young	Tamara Anderson
Samir Hadi	Emma Tallent	William Backes
Alexandra Snyder	Riley Shannon	Claudia Baxter
Sarah Cunningham	Holly Amick	Emmie Hoover
Kimberly Peck	Colleen Thornhill	Donna Sammänder
Jalen Brown	Ana Villegas	McKay Wilcox
Mason Mitchell	Madison Averill	Christine Baldwin
David Brower	Emaso Terry	Mason Osborne
Carl Smith	Jordan Davis	Troy Morrow
Kamryn Ashby	Brion Chatman	Donald Reynolds
Brandon Maxey	Morgan Robinson	Robert McCray, Jr.
Rosemary Chisolm	Joel Nickerson	Danielle Johnson
Erin Baker	Davida Haynes	Hulda Arndisardottir
Kalie Lancaster	Keri Downs	

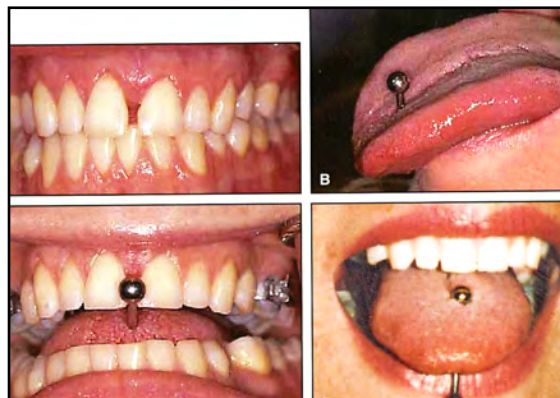
The Doctor's Corner:

A Scary But True Halloween Story of Tongue Piercings

October is a time of changing seasons, trick-or-treating, sticky “no-no” candies, and scary costumes. As a doctor, one of the scariest things that I see in some patients are tongue piercings. I want to share some of the consequences from these piercings. Please think twice about the risks involved and talk to me or your family dentist if you have any questions.

In one study of college students at the Mayo Clinic, 4% of males and 16% of females had tongue piercings, and about half had allowed their tongue piercings to close. The same study found that 17% of all body piercings were eventually associated with complications ranging from insignificant to life-threatening.

Tongue piercings carry significant risks of local and systemic infections, and if sterilization is poor, can expose you to hepatitis B and C, HIV, and herpes simplex viruses. Tongue piercings have also been associated with bleeding, pain, swelling, chipped or fractured teeth, unwanted tooth movement (see photo), trauma to the gums, eating problems, and speech impediment. Tongue piercings have been known to cause the tip of the tongue to split into two parts, embed into the tongue tissue, and even cause life-threatening multiple brain abscesses. None of these consequences sound cute or attractive to me. Be smart and don't do it. **BOO!**



One of the greatest compliments you give our practice is when you refer friends and neighbors to our office.

Each month we will have a drawing for a \$25 gift card for those patients who have referred a friend to our office.

Thank you for your referrals!

Congratulations to our newest winners, **Kim Benjamin**, **Karen Veith** and **Pattiann Taylor** for referring a friend to us!

Congratulations to our 2010 National Merit Semifinalists!

Sokrates Bufi Jacob Ladd
 Silvia Vaca Rachel Bergman
 Kurt Slawitschka



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Page 2

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Meet our staff bowlers!

Our office had a staff bowling party this summer. Fun was had by all, especially Lisa who was our *high scorer* and had the *most strikes!* Abby was voted our most *graceful* bowler.



Way
to
go
girls!



Halloween is a time when the vampire fangs come out in full force. However, for orthodontic patients certain sweet treats can bite back. In general, orthodontic patients should look for softer treats, such as soft chocolate or peanut butter cups, or melt-in-your-mouth foods. Patients

with braces or retainers should avoid any foods that are sticky, chewy, hard or crunchy or recipes with these ingredients:

- Caramel
- Popcorn, esp. un-popped kernels
- Jelly beans
- Licorice
- Taco chips
- Nuts
- Taffy
- Hard pretzels
- Bubblegum
- Ice

Dr. Wilmot and her sister, Eleanor, would like to thank you for your support in **The Atlanta 2-Day Walk for Breast Cancer** on October 2-3, 2010. They walked in support of their mother, Team Mimi, and all our families who have been affected by this disease.



We are selling “Embrace the Cure” T-shirts in our office for a \$10 donation to: www.itsthejourney.org. We have misses and unisex sizes available. Get yours today!



HAVE YOU HEARD OF O'LEARY, THE TURTLE WITH BRACES?

Have you ever seen a tortoise with braces? One in Florida recently had some emergency orthodontic work, but it wasn't to fix his smile. He was attempting to cross a busy street, and it looked like a car had clipped him. Part of his shell had been crushed into pieces and would rub against his internal organs. The vet called Dr. O'Leary, her daughter's orthodontist. The acrylic used for retainers also sticks to turtle shells. Dr. O'Leary applied some brackets to hold the wires used to pull the shell back together. The turtle has been named “O'Leary” in honor of the orthodontist who put him back together!



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Page 3

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Get to Know Our Staff!

Brittany Pilgrim – Clerical & Sterilization Assistant



- * She graduated in 2008 from Parkview High School and has been working for Dr. Wilmot since 2007 as part of the Cooperative Business Education Co-op Program.
- * She is currently enrolled at Gwinnett Tech working towards her Criminal Justice degree.
- * Brittany enjoys spending time with family, especially her niece, Amelia.
- * Her favorite food is chicken and french fries with ranch dressing.
- * She enjoys watching Spongebob Squarepants in her spare time.

T-SHIRT CONTEST WINNERS!



Tashan Juncke sent us this picture all the way from Croatia!



Mallory Larson looks like she is having fun at the lighthouse on Hilton Head Island, South Carolina!



Trisha Warren sent us a great picture of her at the St. Louis Gateway Arch.

Congratulations!



Phillip Brice, an Eagle Scout candidate from Troop 231 chartered through Grace Fellowship Church in Snellville, GA. He constructed and installed 25 blue bird houses along the Lilburn Greenway Trail as his Eagle Scout Project.

Dental Chuckles

